

AZ Live CoDA Events

# Codependents Unite

“12 steps to mind your own business!”



Karen D.

From Lake Tahoe, CA

- Join us for “Codependents Unite! 12 Steps to Mind Your Own Business,” a lighthearted yet meaningful dive into the 12 steps of Codependents Anonymous.
- Karen will lead her popular Levels of Friendship workshop, blending it with the 12 steps to help us find a Higher Power, clean our emotional house, and focus on helping others—without taking over their lives.
- Expect practical tools, a few laughs, and a fresh perspective on living with healthier boundaries.

When? 2/1/2025

Time? 11-4

\$10 Suggested Donation

Potluck bring a dish to share.

Bring CoDA Blue  
Book/Pen/Paper



 [Azcoda.org](http://Azcoda.org)

**Questions? Contact Christina K.**  
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